



The Wilderness Program

Community Courses

The Wilderness Program (WiP) conducts journeys in Tasmania's remote, natural environment to assist personal and social development by engaging with challenge and adventure.

A group of up to eight participants join two experienced facilitators who offer a suite of adventure activities such as kayaking, caving, bushwalking and abseiling. Community courses are five days in duration and anyone between the ages of 15 -60 may apply.

Facilitators encourage personal growth by guiding participants to face challenges presented in the natural environment and activities. WiP courses can be fun as well as challenging.

Courses follow lightweight, minimal impact camping techniques; as such there are no showers available. WiP provides all required camping equipment including tents, stoves and sleeping bags, participants need only bring camp clothes and footwear as well as toiletries and any personal medications.

Personal mobile phones and electronic devices are specifically excluded from WiP courses.

How to Apply

Contact us or go to our website to obtain an application form and available course details. WiP requires completed forms to be received at their office no later than one week before the course starts (no form = no go)

Medical and personal information needs to be disclosed on the application; this is essential for enabling effective risk management strategies and all personal data is managed according to the Tasmanian *Personal information Act (2004)*.

A parent or guardian must read and sign the 3 disclosure areas on the form for any minors who are applying.

Activity Day

A few days before a course begins, applicants join facilitators and go for a gentle bushwalk. This pre-course activity enables the group to meet each other while facilitators share information and answer any questions you may have.

Attending the activity day is a pre-requisite as final group selections are made following this day. It also allows anyone not sure about attending the course to meet the facilitators and the group before making a final decision .

Course Fees

The course costs \$100 per person to attend. This fee is payable prior to commencement and is non-refundable.



Activities

Adventure activities require teamwork, self control and willingness to experiment with new behaviours. Activities are selected to meet group and individual needs with regard to weather conditions and personal development opportunities.

WiP provides all the specialist equipment, clothing, camping items, food and transport for the course.

Example Itinerary

Activity Day (usually on Wednesday)

- Meet group and go for a gentle bushwalk with facilitators

Monday

- Meet and travel to venue
- Activity, paddling on flat water or abseiling
- Move to campsite and tent set-up
- Group discussion and goal setting

Tuesday

- Travel to next activity
- Abseiling, caving or kayaking
- Camping and group discussion about bushwalk

Wednesday & Thursday

- Preparation for bushwalk into remote area
- Participants take on group leadership roles
- Navigating and walking to remote campsites
- Self reliant camping
- Working on individual and group goals

Friday

- Final activity
- Repacking trailer and closure
- Travel home

WiP Contact Details

Ph: (03) 6233 3503 Fax: (03) 6233 2698

www.wildernessprogram.tas.gov.au



Sport and Recreation Tasmania
The Wilderness Program



Tasmania
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