

The Wilderness Program

Gear Checklist

What you need to bring

- Cutlery, plate, bowl, mug, tea towel.
- Comfortable shoes
- Towel
- Toiletries (toothbrush etc.)
- Bathers
- Shorts
- Underwear
- 3 pairs of thick socks.
- Sunhat
- 2 pairs of warm trousers suitable for the outdoors
- T-shirts and at least one long sleeved shirt
- 3 warm jumpers (prefer wool or polar fleece for warmth)
- Sandals or old shoes for kayaking in.
- Torch

What The Wilderness Program provides

We provide the specialist gear for all outdoor activities and camping:

- Cooking stoves
- Tents
- Wet weather gear (trousers and raincoat)
- Sleeping bags and inner sheets.
- Sleeping mats
- Backpacks
- Food for the whole program
- Thermals
- Gloves
- Bushwalking boots
- We also pack some extra warm clothing.